HV

HeraVita Fit Measurement

Sample Participant · Scan date 22 September 2026 · Printed 5 November 2026

A snapshot of your body geometry. Tap any measurement to learn what it means.

Vital Stats

AGE	WEIGHT	HEIGHT
38 yrs	60.8 kg	165.3 cm

Upper Body

BUST	UNDERBUST	SHOULDER WIDTH
89.8 cm	75.8 cm	37.8 cm

BICEP (LEFT)	BICEP (RIGHT)
27.7 cm	28.1 cm

Torso

WAIST	HIGH HIP	LOW HIP
77.6 cm	88.2 cm	97.9 cm

RISE	PANTS GIRTH	PANTS GIRTH (HIGH WAIST)
65.6 cm	85.4 cm	79.3 cm

Lower Body

THIGH (LEFT)	THIGH (RIGHT)	CALF (LEFT)
61.8 cm	62.4 cm	35.6 cm

CALF (RIGHT)	INSEAM (LEFT)	INSEAM (RIGHT)
35.9 cm	75.3 cm	75.5 cm

Garment & Fit

YOUR FIT AT A GLANCE

Your estimated clothing sizes are calculated by comparing your actual body measurements with the published sizing chart of a major Australian retailer. This provides a consistent reference point, rather than a guarantee of fit.

The challenge? Clothing sizes are not standardised. Brands interpret sizing differently, vanity sizing is common, and garments may not consistently reflect even a brand's own published size chart.

As a result, your estimated size may differ significantly from the size you usually purchase or the size that fits you best.

Your measurements map to **AU 12** for both tops and bottoms.

Your measurements are the reference point. The clothing size is only an estimate.

BODY SHAPE	ESTIMATED BRA SIZE	REFERENCE TOP SIZE
Straight	10C	AU 12

REFERENCE BOTTOM SIZE	REFERENCE DRESS SIZE	ESTIMATED JEANS SIZE
AU 12	AU 12	31 × 30

Reference sizes are based on a major Australian retailer's published sizing chart and are provided for comparison purposes only. Actual garment fit varies between brands, styles, fabrics and manufacturing specifications.

Your body isn't a size

Your body measurements are unique to you. Clothing sizes are not.

The fashion industry's inconsistent sizing practices, including vanity sizing and variations between published size charts and actual garments, mean that a size label is not a reliable reflection of your body.

HeraVita believes women shouldn't have to change their bodies to fit clothing. Clothing should be designed to fit real women's bodies.

We measure bodies, not labels.